

Solstice Senior Living at East Amherst

October Newsletter

Operations team:

Margaret Kleinmann, Executive Director
Katherine Johnson, Business Office Director
Stephanie Murczek, Sales & Marketing Director
Harold Johnson, Building Services Director
Rebecca Rumschik, Vibrant Life Director

News

We have started one of everyone's favorite months of the year. The leaves are changing, the days are more comfortable, the weather is getting cooler.

We are kicking off Breast Cancer Awareness Month with Bingo on Friday October 2nd at 1:30 in Dining Room. We will be hosting a pink lemonade stand on October 12th. What better way to start off October than purchasing pumpkins with all proceeds donated to Roswell. The directors here will be doing a Solstice Split Club train on Wednesday October 7th.

St. Mary's of Swormville has now included live streaming for Catholic Mass. We will be streaming the Mass every Wednesday at 10:00 am in the Chapel.

We have started up our "Ambassador's Club," monthly meetings again along with our "New Resident Meet & Greet," with our ED with Ambassador's present. This has given all of us the opportunity to formally welcome our new residents along with share ideas how to get our news residents acclimated and involved in their new home.

Our condolences to the Anderson family, Beeler family and Berzer family. All three residents are sadly missed.

Thank you to Tyler and Tim for running our

Our Executive Director

Monthly Memo:

Fall is filled with the most beautiful colors in Western New York. We hope you enjoy our outdoor festive decorations to add to the season. Our mission to keep COVID -19 Free in our community continues to be our priority while remaining committed to our service delivery to our residents. We cannot thank each one of you enough for your teamwork & dedication to observing our protocols. Our good health & wellness success is because of our drive to do so together united.

Our operation adjustments remain: serving Lunch in the dining room and delivering both Breakfast & Dinner to apartments. We have ordered a Hot Box to help with controlling temperature throughout deliveries of food for the pleasure of our residents. We have been given the opportunity to be one of our company's pilot communities to test the hot box truck.

Our activities remain at 25% of the census. Another Wellness Clinic has been coordinated including Yoga and Mediation classes. While our bus was in repair, we rented a car to assist with shopping and medical appointments.

Our weekly emails to family & friends continue to keep everyone informed. If you'd like to be added to our email group, let us know. We'd be happy to add you !

If you have any questions or concerns, please see me. I am here to help.

Stav well ! Thank you. Margaret Kleinmann

October Fun Facts:

October comes from the Latin octo, meaning eight. October was originally the eighth month on the old Roman calendar. It's one of seven months with 31 days. It means fall here in North America and it's springtime in South America.

The last week of October is the only week of the year all four major professional sports leagues are scheduled. The NBA and NHL are into their regular schedules, the NFL is about the halfway mark and baseball is in the World Series.

More United States presidents have been born in October than in any other month.

Solstice Spotlight

A warm welcome to our new Residents!

Marilyn B. #254

Edmund J. #224

Richard & Phyllis B. #209

Donald & Barbara E. #252

Peggy T. #203

Kenneth Y. #212

Resident Spotlight:

We are excited to add to our many new couples here, Donald and Barbara E, #252. Already knowing our community because Donald is apart of the group, "Friends of Harmony" who have sung here for years. They have been married for 63 years with five wonderful children together! Donald and Barbara are from Clarence/Lancaster, NY. They said the secret to their inspiring 63 years of marriage is "you always need to give and take." Please give Donald & Barbara a warm welcome!

Employee of the Month for October 2020 :

Zachery Metzger! Congratulations to Zach!!

We thank our ED Margaret for baking us her mothers recipe of *Fresh Pumpkin Walnut cookies*. We invite you to give us your favorite recipes too! We'll add them to our menu for all to enjoy.

We congratulate Becca for her recent promotion to SENIOR VLD. She will now be helping with some mentoring other Vibrant Life Directors in our company while still being here with us. Idea sharing, training on programs and encouragement from afar is her new added responsibility.

Happy September Birthday's, our dear Residents!

Cecilia C. 10/9

Olga A. 10/20

Robert E. 10/20

Joan S. 10/26

Sandy B. 10/27

Duane W. 10/28

October 2nd is National Breast Cancer Awareness Day. We ask you to wear your pink and come in the dining room at 11:00 am for a picture with the associates and residents!

Keep washing your hands, maintaining social distancing and SMILING! Wearing a face MASK helps control the spread of germs as well. We are #SolsticeStrong and we will get through this pandemic together!

Give us a "Like" on our Facebook page, Solstice Senior Living at East Amherst. You can see what is going on through our fun pictures we capture of the residents!

BUFFALO BILLS games are on TV in the vibrant life room each Sunday. Bring your own cocktail, MASK and positive energetic attitude with you. GO BILLS