

Solstice Senior Living at East Amherst

	BE VIBRANT. BE YOU.				Solstice Senior Living at East Amherst		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
SOLSTICE SENIOR LIVING AT EAST AMHERST	9:15 Shopping Outing [BUS] 10:00 Reminisce with Friends [AR] 11:00 Stretch Exercise Class [AR] 2:00 Bottom Line Discussion [AR] 3:00 Crafts with Rachel [AR] 7:00 Poker Night [AR]	9:15 Medical Appointments [BUS] 10:00 Protestant Church Service [CH] 2:00 Blackjack with Becca [AR] 7:00 Cinema Night [TVR] 7:00 Jim's Sevens Card Game [AR]	9:15 Shopping Outing [BUS] 11:00 Stretch Exercise Class [AR] 11:30 Catholic Services [CH] 2:00 Bocce Ball Team competiton [AR] 2:00 Food for Thought with Chef [AR] 3:00 Quiddler Game [AR] 7:00 Bingo with BOB [AR]	9:15 ♥ Medical Appointments [BUS] 10:00 ♥ Yoga Class w/ Carolyn [AR] 11:00 ♠ LTS: Speakers [AR] 2:00 ♠ Meditating with Rachel [LB] 3:00 ♠ Bible Study w/ Tyler [TVR] 3:00 ₱ Blackjack with Harold [AR] 7:00 ₱ Jim's Sevens Card Game [AR]	9:00 Banking: Northwest [AR] 11:00 Stretch Exercise Class [AR] 12:00 Weekly News Review [AR] 2:15 Go-Fish or Pinochle Card Game [AR] 4:00 Happy Hour	10:00 Puzzle Group [AR] 11:00 P 31 Card Game [AR] 3:00 Learning New Games with Jim [AR] 5:00 Resident Pick Card Games [AR] 7:00 Bingo with BOB [AR] 7:00 Let's Play Pool [TVR]	
8:00 ★ Catholic Mass [CH] 8:30 ★ Bus Outing- St. Mary's Church [BUS] 10:00 ♥ Cranium Crunches [AR] 11:00 巻 Soup Sunday [AR] 2:00 ★ Ambassador's Club [TVR] 3:00 ₱ Quiddler Game [AR] 5:00 ₱ Pinochle Card Time [AR] 7:00 ❤ Bingo with BOB [AR]	9:15 ₩ Shopping Outing [BUS] 10:00 ★ Reminisce with Friends [AR] 11:00 ❤ Stretch Exercise Class [AR] 2:00 ★ Bottom Line Discussion [AR] 3:00 ► Crafts with Rachel [AR] 7:00 ► Poker Night [AR]	9:15 ➤ Medical Appointments [BUS] 10:00 ★ Protestant Church Service [CH] 2:00 ► Resident Council Meeting [AR] 7:00 ★ Cinema Night [TVR] 7:00 ► Jim's Sevens Card Game [AR]	9:15 Shopping Outing [BUS] 11:00 Stretch Exercise Class [AR] 11:30 Catholic Services [CH] 2:00 Bocce Ball Team competiton [AR] 3:00 Quiddler Game [AR] 7:00 Bingo with BOB [AR]	9:15 Medical Appointments [BUS] 10:00 Yoga Class w/ Carolyn [AR] 11:00 LTS: Speakers [AR] 2:00 Meditating with Rachel [LB] 3:00 Bible Study w/ Tyler [TVR] 3:00 Blackjack with Harold [AR] 7:00 Jim's Sevens Card Game [AR]	9:00 Banking: 12 Northwest [AR] 11:00 Stretch Exercise Class [AR] 12:00 Weekly News Review [AR] 2:15 Go-Fish or Pinochle Card Game [AR] 4:00 Happy Hour	10:00 Puzzle Group [AR] 11:00 31 Card Game [AR] 3:00 Learning New Games with Jim [AR] 5:00 Resident Pick Card Games [AR] 7:00 Bingo with BOB [AR] 7:00 Let's Play Pool [TVR]	
8:00 ★ Catholic Mass [CH] 8:30 ★ Bus Outing- St. Mary's Church [BUS] 10:00 ❤ Cranium Crunches [AR] 11:00 馨 Soup Sunday [AR] 3:00 P Quiddler Game [AR] 5:00 P Pinochle Card Time [AR] 7:00 ★ Bingo with BOB [AR]	9:15 ★ Shopping Outing [BUS] 10:00 ★ Reminisce with Friends [AR] 11:00 ❤ Stretch Exercise Class [AR] 2:00 ★ Bottom Line Discussion [AR] 3:00 ► Crafts with Rachel [AR] 7:00 ► Poker Night [AR]	9:15 Medical Appointments [BUS] 10:00 Protestant Church Service [CH] 2:00 Blackjack with Becca [AR] 7:00 Cinema Night [TVR] 7:00 Jim's Sevens Card Game [AR]	9:15 ★ Shopping Outing [BUS] 11:00 ★ Stretch Exercise Class [AR] 11:30 ★ Catholic Services [CH] 12:30 ► New Resident Luncheon 2:00 ► Bocce Ball Team competiton [AR] 3:00 ► Quiddler Game [AR] 7:00 ★ Bingo with BOB [AR]	9:15 ♥ Medical Appointments [BUS] 10:00 Gold Key Coffee and Convo 10:00 ♥ Yoga Class w/ Carolyn [AR] 11:00 ♠ LTS: Speakers [AR] 2:00 ★ Meditating with Rachel [LB] 3:00 ★ Bible Study w/ Tyler [TVR] 3:00 ₱ Blackjack with Harold [AR] 7:00 ₱ Jim's Sevens Card Game [AR]	9:00 Banking: 19 Northwest [AR] 11:00 Stretch Exercise Class [AR] 12:00 Weekly News Review [AR] 2:15 Go-Fish or Pinochle Card Game [AR] 4:00 Happy Hour	10:00 Puzzle Group [AR] 11:00 31 Card Game [AR] 2:00 Summer Solstice Celebration Party 3:00 Learning New Games with Jim [AR] 5:00 Resident Pick Card Games [AR] 7:00 Bingo with BOB [AR] 7:00 Let's Play Pool [TVR]	
Father's Day 8:00 ★ Catholic Mass [CH] 8:30 ★ Bus Outing- St. Mary's Church [BUS] 10:00 ♥ Cranium Crunches [AR] 11:00 馨 Soup Sunday [AR] 11:30 馨 Father's Day Cruise Celebration 3:00 P Quiddler Game [AR] 5:00 P Pinochle Card Time [AR] 7:00 ₩ Bingo with BOB [AR]	9:15 Shopping Outing [BUS] 10:00 ★ Reminisce with Friends [AR] 11:00 ❤ Stretch Exercise Class [AR] 2:00 ★ Bottom Line Discussion [AR] 3:00 ► Crafts with Rachel [AR] 7:00 ► Poker Night [AR]	9:15 Medical Appointments [BUS] 10:00 Protestant Church Service [CH] 2:00 Blackjack with Becca [AR] 7:00 Cinema Night [TVR] 7:00 Jim's Sevens Card Game [AR]	9:15 Shopping Outing [BUS] 11:00 Stretch Exercise Class [AR] 11:30 ★ Catholic Services [CH] 2:00 Bocce Ball Team competiton [AR] 3:00 Quiddler Game [AR] 6:30 OPEN HOUSE EVENT [AR] 7:00 Bingo with BOB [AR]	Appointments [BUS] 10:00 Yoga Class w/ Carolyn [AR] 11:00 LTS: Speakers [AR]	9:00 Banking: Northwest [AR] 11:00 Stretch Exercise Class [AR] 12:00 Weekly News Review [AR] 2:15 Go-Fish or Pinochle Card Game [AR] 3:00 Volunteer appreciation Party [AR] 4:00 Happy Hour	10:00 Puzzle Group [AR] 11:00 31 Card Game [AR] 3:00 Learning New Games with Jim [AR] 4:00 Spelling Bee contest [AR] 5:00 Resident Pick Card Games [AR] 7:00 Bingo with BOB [AR] 7:00 Let's Play Pool [TVR]	
8:00 Catholic Mass [CH] 8:30 Bus Outing- St. Mary's Church [BUS] 10:00 Cranium Crunches [AR] 11:00 Soup Sunday [AR] 3:00 Quiddler Game [AR] 4:00 Special Margerita Happy Hour & Mexican Theme Dinner [AR] 5:00 Pinochle Card Time [AR] 7:00 Bingo with BOB [AR]	9:15 Shopping Outing [BUS] 10:00 ★ Reminisce with Friends [AR] 11:00 Stretch Exercise Class [AR] 2:00 ★ Bottom Line Discussion [AR] 3:00 Crafts with Rachel [AR] 7:00 Poker Night [AR]	9:15 Medical Appointments [BUS] 10:00 Protestant Church Service [CH] 2:00 Blackjack with Becca [AR] 7:00 Cinema Night [TVR] 7:00 Jim's Sevens Card Game [AR]	6363 Transit Road East Amherst, NY 14051 East Amherst, NY 14051 (716) 688-7880	Location Keys ACTIVITY ROOM AR BUS BUS CHAPEL CH DINING ROOM DR LIBRARY LB TELEVISION ROOM TVR	Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well		